



Do you qualify for a house call?

If you qualify for Home Based Primary Care, your care plan includes:

- Primary care visits at home by a physician, nurse practitioner or physician's assistant
- Care management through a nurse practitioner, physician's assistant, or nurse
- Coordination of your services by a social worker
- Referral for therapy visits from a physical, occupational, or speech therapist
- Mental health services
- Nutrition counseling from a dietitian
- Help managing your medicines

Who We Are

About Us

Our Home-Based Primary Care service is unique in that we approach well-being from a 360-degree approach to helping you feel better by using the **Wellbeing Model**. We serve home limited persons in their home by using pharmacological and non-pharmacological approaches to achieving your goals for wellness and well-being; like nutrition, meditation, breathwork, energy, movement, essential oil therapies. The integrative nurse practitioner collaborates with a community physician to provide services. We serve those who have complex health care needs when routine clinic-based care is not effective.

Contact Us

Phone: 202-888-4959

Email: info@seekwell-being.com



**SEEK WELLBEING
HOUSE CALLS**
Bristow, Va 20136



Johanna Gaskins, DNP, APRN, AGNP-C
Integrative Nurse Practitioner

**SEEK
WELLBEING
HOUSE CALLS**

*High quality, affordable,
convenient care at home!*



Caring...

Our Mission

We believe medical house calls professionals have an obligation to provide and utilize the most efficient and effective means of meeting the client’s physical, social, emotional and spiritual needs. Seek Wellbeing House Calls advances this goal by meeting the total care needs of clients who cannot receive primary care in the traditional provider office setting. We further believe that Seek Wellbeing House Calls must achieve and sustain health maintenance, healing, illness prevention, and functional/self-care independence of clients, and thereby:

- A. Prevent unnecessary admissions to nursing homes
- B. Reduce the length and recurrence of hospitalization
- C. Diminish unnecessary utilization of out-patient institutional services

What do we believe?

We believe each client has the right to be treated with human dignity and respect, regardless of age, faith, sex, handicap, or national origin.

“My doctor of 30 years retired, and I had no one to take care of me when I couldn’t get out to find a new provider. My new nurse practitioner came to visit me at my home! Our visit was really nice.” ~Marie K.

Do you need help deciding?

Your current physician or other primary care provider can answer questions about your medical needs and whether you may be eligible for Home Based Primary Care.



Compassion...

Imagine...a Nurse Practitioner traveling to you to provide the care you need wherever you call home.

Envision...security in a Nurse Practitioner accessing your medical records and collaborating with your healthcare team to create a wellness plan for you.

Expect...confidence in a provider building a strong support network with your family members, loved ones and friends.

Discover...high quality, affordable care coupled with the foundation and support of Seek Wellbeing House Calls.

Choose...Seek Wellbeing House Calls.

Contact Us...let’s Seek Wellbeing together.